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Do you know where this is?



DIRECTOR



UNITE

There's a great resource at JBMDL for Air Force squadrons seeking recreation.









FSS COMPASS
JBMDL Directory & Map

Commander's Note

87th Force Support Squadron Command Team (from left):

> SMSgt Jorge Nunez Superintendent (acting)

Lt Col Alfred B. Curtis Commander

Maj Sarah Marianetti Operations Officer

> Mr. W. T. Little Deputy Director



s a leadership team, we are so amazed by the wonderful things this organization has accomplished since our last publication. The joint military, civilian, and contractor personnel of the 87th Force Support Squadron serve this community with P.R.I.D.E. (professionalism, respect, innovation, development, and engagement) that only #TeamOTB can provide. This community of five Air Force wings and over 80 mission partners continues to deliver innovative Agile Combat Support, enabling a full range of missions across the joint base. It also continues to grow and renew the interpersonal connections that proved JBMDL is leading the way in joint base integration (on and off duty). We welcome these renewed connections with excitement!

It is exciting to drive by our Dining Facilities and see people dining outdoors together. Equally so to walk into a classroom in our Child & Youth Programs and see the joy on the faces of our providers and the children they care for. It's an honor to stop by our Civilian Personnel Flight of the Year (from Air Mobility

Command!) and learn about their great work to expand our providers so we have more capacity to care for this community. Or to visit Military Personnel Flight of the Year (from Air Mobility Command!) getting ready for its busiest time of year between PCS season, changes to officer evaluations, and the current evaluation cycle. We are thrilled by the positive feedback from our Green Belt "Boot Camps", as well as the continuous improvement and innovation that we see as a result. It is a joy to stop by the Military Family Support Center, and to see the team's outreach to squadrons at commander's calls and other events. All the while Operations readies our Airmen for deployment all over the globe. Still, there is more to come and we are here for it!

ur Fitness Centers and Child & Youth Programs at McGuire, Dix, and Lakehurst are excited to get back into intramurals and youth sports. Our Firehouse (right next door to Subway) is a great place to gather with friends for a lunchtime lounge. The Flight Deck at Lakehurst is our hidden treasure of JBMDL; a

wonderful atmosphere and even better people! Our Librar-E is excited to get back to story time fun that kids (young and young at heart) all enjoy so much. The prime season for golf, Outdoor Recreation, and travel with ITT is upon us. So is the opportunity for Arts & Crafts birthday fun, and kids bowling for free! We look forward to providing UNITE and Unit Enhancement Fund sponsored events to our joint base units. We equally look forward to sharing all these moments with you, our joint base community via our new website!

t is a great time to be a part of the JBDML community. I am honored to serve this amazing team, and they are honored to bring you all our upcoming offerings. I look forward to seeing you, your family, and your friends, poolside or at another event very soon. we welcome your feedback so we make #TeamOTB everything that this community needs it to be. Please follow us on all our social media platforms, and let your friends and family know to do the same. Thank you for the opportunity to serve.



Seasonal Preview









FSS Fitness & Sports is always hosting 5K Runs for the runners among us and each usually features a 3K Walk for the not-so runners among us. Backyard parties are a summertime tradition and FSS Outdoor Recreation should be your first stop. Barbeque equipment to canopies of all sizes to a variety of inflatables - and everything in between - is available to make your party the best on the block. Both Pine Ridge and Fountain Green golf courses are open during the spring and summer seasons, a great time to get out and get your tee on! And of course there are always 87FSS special events throughout the warmest time of year including picnics, campouts, and more! Great fun for the entire family!

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87th Force Support Squadron

Joint Base McGuire-Dix-Lakehurst New Jersey

Lt Col Alfred B. Curtis, III Commander



Mr. W.T. Little Deputy Commander

SMSgt Jorge Nunez Superintendent (acting)

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Through recreation, with a goal towards cohesiveness, Air Force program intends to

REVITALIZE the SQUADRON

With the return of normalcy upon us, we are eager to get your unit back into the groove through recreation, and the UNITE program is here to support!

UNITE can assist with all sorts of cohesive recreational programming, both on and off the installation. Our FSS activities are excited to host events again and offer special UNITE activities - whether it's an afternoon of bowling, some friendly competition with games and sports equipment from Outdoor Recreation, or perhaps there's something at the golf course or Range-14 that peaks your interest - we can help build the event that works best for your unit! If getting off of the installation is something you're looking for, we can help you there as well.

2021 was a great taste of how amazing it feels to get back into the swing of things! Through UNITE, we completed 76 events and served over 5,000 airmen. We hope to make this year even more successful, and are already off to a great start. Most recently, we have been rockin' the lanes at the Dix Bowling Center, and we're looking forward to seeing what's in store for the months ahead.

UNITE is a program designed to reinforce morale through cohesive, recreational activities. There are funds available for all of the Active and Reserve Air Force units assigned to JB MDL, so check with our Community Cohesion Coordinator (C3) to get started.

Our C3 is Ms. Jenn Revell. She's a newer member of our FSS team, but comes to us with 10 years of military programming experience with the USO and Army MWR. Brought up with Army roots, she is now part of an Air Force family, as her husband is a boom operator in the 2ARS

The Revell family is excited to have had the opportunity to come



back "home" to this area, and we're excited to have her aboard!

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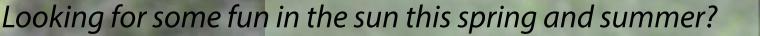
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ne OIIISC be with you

There's no better way to get out and enjoy the day than getting in a round of golf on a great course. We're very fortunate because 87FSS offers two beautiful golf courses located right here at JBMDL.

There are lots of options to spend your time on the courses. Located on JBMDL Dix, 87FSS Fountain Green is an 18 hole course with lots of features. Designed in 1941, the course measures nearly 6400 yards from the championship tee. In the mood to practice your swing? Step over to the driving range which features 27 stanchions you can use. For the low price of \$5 a token, you are given a bucket of 60 balls to have a whack at and enjoy yourself.

In addition to the driving range, there is a putting green for you to do small chipping with and practice your putting. If you feel an appetite coming on, you can make your way over to Fairways Grill for a bite and enjoy your food with some fresh air and a great view of the course from the newly renovated patio. Both food options accept Unite money. 87FSS Fountain Green also has a cozy lounge area if you just want to sit back, relax, and unwind.

JBMDL has a large footprint across the state of New Jersey and the installation contains many sights you may not have ever seen before. Then again, maybe you have.

Do You KNOW Where This Is?

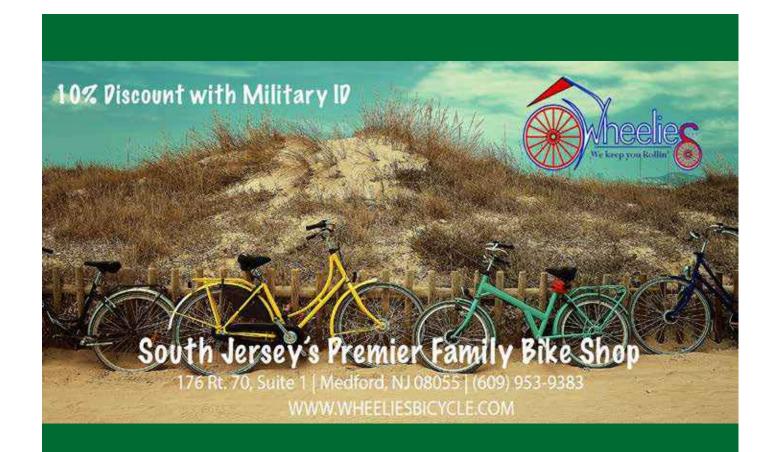
Many walk by it every day and may not notice it. Spring and summer growth fills the space, shading the water below.

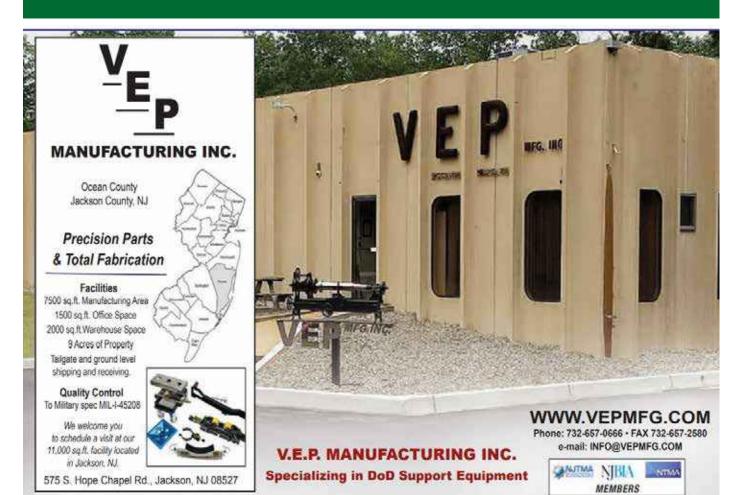
If you know where this is, email us at 87fss.marketing@gmail.com with "Spring GoMDL" in the subject line and you could pick-up a "Swag Bag" full of 87FSS goodies. Winner announced in the Fall/Winter issue of GoMDL Magazine.











Pondering Options

A lone golfer attempts to navigate around a water hazard at Fountain Green Golf Course.



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If you are a competitive spirit and want to test your skill against others, 87FSS Fountain Green hosts tournaments and cups monthly. 87FSS Fountain Green is a great opportunity for units to boost morale and practice team building.

Come see why hole #12 is a fan favorite with short dogleg, or try your luck on the difficult hole #18.

Located on JBMDL Lakehurst, 87FSS Pine Ridge offers a lot of similar amenities. The course has nine holes, but you can play 18 holes with the option of two different tee boxes. It also has a smaller grill and both a putting green and shorter driving range with six stanchions. Both courses also contain pro shops, where you can buy all your golfing needs. You are given the option of special ordering as well as price matching. If you are new to golfing but still want to join in on the fun, lessons are offered as both clinics and individual.

Youth can also take advantage of the courses as junior lessons are offered as well as a free token for the driving ranges when purchased with an adult. You can rent smaller clubs for the kids to use as they learn and enjoy the game.

Along with the newly renovated patio, 60 new golf carts have been added, as well as other plans to renovate the clubhouse coming soon which we are very excited about.

We had the privilege of speaking with the Golfing Director, John Scott, and learn about his history working in golf.

John Scott has been in the golf business for 28 years, which include time at three different private

courses and two different resorts spanning from Arizona, Florida, and New Jersey. John started his golf career with the military at Fort Monmouth. With a background like that, you can tell John is passionate about making sure the courses offer the most they can. He can't do it alone, as John has special thanks for Scott Tucci who oversees everything at 87FSS Pine Ridge.

Scott Tucci has been the Golf Superintendent here since 2007, and the Golf Manager since 2010. Scott has been in the golf and turf industry since 1984, so we are glad to have so much experience working with us to ensure the best possible program there can be.

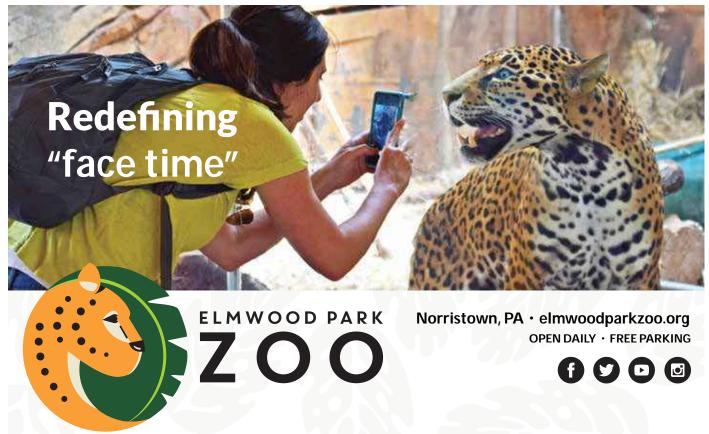
We hope to see you around and make this spring/ summer season a 'hole in one'!

Par for the Course

Shade at Pine Ridge Golf Course offers welcome relief on a hot summer day.









Let's face it the school year is ending. With the excitement of school ending also comes the "I have nothing to do", "I'm bored", and "Can't we go somewhere? Followed up by "Are we there yet?"

Fortunately, this summer can be completely different. We spoke with several tourism and visitors' bureaus all within 90 minutes of JBMDL. They offered us plenty of day trips ideas and even some overnight stays that won't break the budget.





From magnificant giraffes at the Elmwood Park Zoo to the world-famous Longwood Gardens to the sky-high spectacle of hot air balloons in Delco, the area surrounding JBMDL is rife with destination delights.

Delaware County, PA (www.visitdelcopa.com) is home to endless art, entertainment, attractions, eclectic shopping, and some of the country's most beloved historical sites. Centrally located between Philadelphia and the Brandywine Countryside, "Delco" — as the locals call us — is an extraordinary destination that satisfies

every taste and style.

Delco boasts 2,600 acres of trails, stunning gardens, and calming waterfront just waiting to be discovered. Pick a route and ride the adrenaline rush or soak in the scenery, take a guided nature walk, or paddle down the

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Spend the day at play!

ЛАΝΝ

Spend a day at the park, the FSS John Mann Park on Doughboy Loop, JBMDL Dix, between the FSS Bowling Center Dix and FSS Outdoor Recreation. Along with a wide-open area for picnics and group events, the park features batting cages, mini-golf, go-karts, horseshoe pits, volleyball and basketball courts, and a playground for kids. The park is open to all DoD ID holders and their guests for great outdoor fun!.

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Daily Rates:

Batting Cages: \$2 per token / 15 pitches. Slow Pitch and 2 Fast Pitch Cages. Bat and helmet are provided.

Mini Golf (18 holes): \$3 adults; \$2 for ages 5 to 17. Club and golf ball rental are included in the price and all children must be supervised by an adult.

Go-Kart Track: \$5 per cart/ride. Karts will not be available if the track is wet due to safety concerns. Drivers must be age 13 and older and 58" in height to drive solo. Driver must be age 18 and older to drive a passenger. Passenger must be age 4 and older and 36" in height to ride along.

Fun Card Package:

Cost: \$20

2 Go-Kart Rides

2 Batting Cage Tokens

3 Mini-Golf Rounds

Group Rates

Group rates for park activities are available with advance notification or request. Rates are based on the size of your group. Group requests must be completed through the Outdoor Recreation office in advance. Minimum participation is twenty quests.

Note: Alcoholic beverages are permitted as long as the group is properly licensed and all pets MUST be leashed and curbed at all times.

Need Party Gear?

FSS Outdoor Recreation and Equipment Resource Center, located in Bldg. 6045 on Doughboy Loop, can provide party equipment to make your event easy and affordable. Ask an ODR staff member about renting the following items for your event:

Super Cooker (charcoal grill), Gas Grill (propane tanks also available), Inflatable Jumpers (variety of themes), Monster Slide, Dunk Tanks, Coolers and Chairs, Family Games such as Baggo, Potato sacks, flag football, Tug of War ropes and more.

Park reservations and payment may be made at FSS Outdoor Recreation Dix at the Equipment Resources Center in Bldg. 6045 on Doughboy Loop.

John Mann Park is seasonal. Availability may be limited. Prices and offerings subject to change.

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Darby Creek in kayak or canoe. Pavilions, playgrounds, pick-up games — every outdoor lover can find their oasis here.

The people of Delaware County are very embracing - just get use to saying

Hey you guys

Montgomery County, PA ((www.visitvalleyforge. org) A world of adventures rich in American history awaits you in Valley Forge and Montgomery County, Pa. Located 18 miles from downtown Philadelphia. Our region is home to not only must-see historical sites but also tons of family attractions, a vibrant arts scene, shopping malls, golf, outdoor activities, and so much more!

Here in beautiful Montgomery County, there lies the largest shopping mall in the tri state area, The King of Prussia Mall. Just window shopping at this mall is a day trip. Top end stores will dazzle you with their displays and the collection of restaurants around the mall are a perfect place to finish out the day. Looking for adventure, how about zip lining at The Elmwood Park Zoo (www.elmwoodparkzoo.org)? Go face to face with a jaguar, see bison roaming freely, and feed a giraffe. Yes, literally hand feed three fully grown giraffes. That amazing events and performances. selfie is a treasure.

If you enjoy golf, search out the 53 golf courses in Montgomery County. If you enjoy history, Valley Forge Historical Park is the crown jewel of the county. Just like the other surrounding counties, it's worth staying at a hotel and enjoying the weekend.

Chester County, PA (www.brandywinevalley.com) Part of Chester County's undisputable appeal is its



History can be seen, touched in Brandywine

framework of quaint and welcoming neighborhoods. From destination-worthy downtowns with cobblestoned streets, picturesque storefronts, and full calendars of entertainment and events to countryside villages featuring small town charm and hidden gems, these towns showcase some of the true personality and spirit of the Brandywine Valley and are the perfect way to experience the region like a true local.

Ask anyone what's special about Brandywine Valley and the answer is sure to include Longwood Gardens, (www.longwoodgardens.org) is a botanical garden that consists of over 1,077 acres gardens, woodlands, and meadows in Kennett Square, Pennsylvania. It is one of the premier horticultural display gardens in the United States and is open to visitors year-round to enjoy native and exotic plants and horticulture (both indoor and outdoor),



Beauty, recreation abound in the Poconos.

Want to sample a big city experience in a quaint town? West Chester, PA is your choice. In fact, it was America's choice in 2017 as the winner of the Great American Main Street Award. It's the perfect mix of historical charm and small-town allure with the buzz of city-worthy nightlife and dining. Look for buildings dating from 1789 next door to cutting edge boutiques and award-winning bars and restaurants.

Pocono Mountains, PA (www.poconomountains. com) A myriad of nature filled activities awaits our JBMDL visitors. In the summer you will find a tremendous waterpark, outdoor adventures, hiking and sight seeing. You can fulfill all of your vacation needs here, from the fast paced excitement of your favorite outdoor activity, to a scenic train tour along with region's railways. Tour a living history museum in the morning, unwinds at a brew pub in the afternoon and dine in an elegant restaurant in the evening. Bed and breakfast choices in the Poconos are a treat for the romantic getaway. Antique shopping is endless up here but so are the bargains at the their outlet stores. Check out the full activities on their website.





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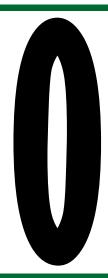
If you know a hero, tell them about HeroCare Connect.







THINGS TO DO



The 87th Force Support Squadron offers about 2,000 programs, services and events annually on average. Here are some highlights of what you can expect this spring, summer, and into the fall.

Kids Bowl Free Program

Hosted by 87FSS Bowling Center Dix, bldg. 6054 Doughboy Loop, JBMDL Dix. Sign up the kids online at www. kidsbowlfree.com for the Kids Bowl Free Program and receive two free games a day per child up to the age of 15 between May 1 and August 31. Shoe rental not included. Up to four family passes available purchased separately through the website for ages 15 and older. Participate in the Kids Bowl Free program Thursday – Friday 11am to 8pm, Saturdays 1pm to 8pm (except on special event Saturdays), and Sundays 12pm to 5pm. Open to all DoD ID holders, call 609.562.6895 for details.

Airsoft Scenario Games

Every Sunday May thru September from 8am to 3pm, Airsoft enthusiasts can join other enthusiasts for some Airsoft action at 87FSS Range 14. Cost is only \$20 when you bring your own equipment or \$35 with rentals (when available). For details, call Atlas Airsoft at 609.756.3570 or message them on Facebook.

National Golf Day Golf Tournament

Celebrate the day dedicated to the game at 87FSS Pine Ridge Golf Course, JBMDL Lakehurst on Wednesday, May 4. Tee-off anytime between 7am and 4pm. \$28 for green fees members includes cart fees and prizes. Format is two-person teams, 18 hole Scramble. Open to all DoD ID holders. Call 732.323.7483.

Get Out, Get Fit: Indoor Climbing

Come "Get Fit" with 87FSS Outdoor Recreation and give indoor climbing a try at Rockville Climbing Gym in Hamilton, NJ from 5:15 to 9:45pm on Thursday, May 5. This trip includes transportation, safety equipment, and a belay lesson. Feel free to bring your own drinks and snacks. Open to all DoD ID holders, registration required. \$15 for RecOn eligible patrons; \$35 for all other DoD ID holders. Call 609.562.6667 for complete details.

Pack Walks

Six monthly adventures offered at various FSS Fitness & Sports Centers on JB MDL hosted by 87FSS Fitness & Sports. Bring your well-mannered canine pals out for these community dog-walking adventures. Friend us at facebook.com/87fss to find out where and when each month. Meet your fellow dog lovers and get some fresh air and exercise with your best four-legged friend! Open to all DoD ID holders and their well-socialized canine companions. Dogs require a leash at all times. Call 609.754.6085.

Fast and Furious Bowling

A fun day of fast bowling action from 1 to 6pm, Saturday May 7, at the FSS Bowling Center Dix, 6054 Doughboy Loop, JBMDL Dix. Featuring the movie "Fast and Furious" on the overheads while you bowl. \$2 games and \$2 shoe rentals. A great way to spend the day with the kids! Open to all DoD ID holders; call 609.562.6895.

Mother's Day Basket Bingo

Flight Deck Community Center, Building 484 Lansdowne Road, JBMDL Lakehurst hosts this Basket Bingo-banger on Saturday, May 7, doors open at 1:30pm with first game at 2pm. Guests may purchase 4 game boards at \$5 each per person. Guests of all ages can participate. Price includes game boards, light refreshments and beverages, prize baskets including a "Spa Basket", "Mom's Garden Basket", "Beach Lover's Basket", "Chocolate Indulgence Basket", "Movie Lover's Basket", "Picnic Basket", and more! There are even baskets for the kids with crayons, toys, books and games! Every mom attending receives a rose in the color of her choice! Open to all DoD ID holders; call 732.323.2405 or 732.323.2024 to register.

Friday the 13th Bowling Special

Do you think you'll be unlucky on Friday May 13? Think again! The 87FSS Bowling Center Dix, 6054 Doughboy Loop, JBMDL Dix will turn that luck around by slashing our prices for the day. From 11am to 6pm, bowling is just \$13 per hour for up to six people per lane! Includes shoe rental. Call 609.562.6895.

America's Armed Forces Kids Color Run

Presented by 87 FSS Youth Programs on Saturday, May 14 at the McGuire Fitness & Sports Running Track PT Pad, Bldg. 2504. Open for all Joint Base Mc-Guire-Dix-Lakehurst Youth/ Families. Adults encouraged to run with their Youth. T-shirts and supplies are limited. As part of Armed Forces Day activities in May each year, military bases and dependents in the United States, Greece, Puerto Rico, Germany, Japan, England, and Italy participate in America's Armed Forces Kids Run, More than 120,000 children have earned their own t-shirts by completing the annual spring run over the years. Registration at 8am; Run start time is 9am according to age groups: Stroller Brigade (at your discretion): Age 5-6 (1/2 Mile); age 7-8 (1 Mile) and age 9-18 (2 Miles). Call 609.754.5437.

Get Out, Get Fit: Intro to Mountain Biking at Laurel Pond

On Saturday May 14 from 10am to 12pm, you can explore the local trails of Laurel Pond on JBMDL Dix while biking with friends and family in the fresh outdoor air! Register with 87FSS Outdoor Recreation for a bike fitting and learn basic techniques and safety tips. Our staff will familiarize you with the trails. You will be comfortable and confident with your own future biking adventures. We meet at 87FSS ODR at 10am and all pedal to the pond together. Open to all DoD ID holders; call 609.562.6667.

Red White & Blue Golf Outing

Come play a 4-person scramble during this golf celebra-

tion Wednesday May 18 at Fountain Green Golf Course. All team members start from the white tees. If the team makes a birdie or better, move back to the blue tees on the next hole. If the team makes bogey or worse, move up a tee! If the team makes par, stay on same tee. Open to all DoD ID holders, registration begins at 11am, Shotgun start at 1200. \$34 per ID card holder; \$40 for guests. Price includes green fees, cart fees and prizes. Call 609.562.2166.

Armed Forces Obstacle Course

Presented by 87FSS Fitness & Sports Griffith Fieldhouse, Wednesday May 18 from 11am to 1pm. This outdoor course consists of various military and functional obstacles, each designed to test the competitor's allaround level of mental and physical fitness. Event is open to all levels of fitness. Obstacles include hurdles, low crawls, tire flips, baggage toss, push-ups, sled push and a weighted pull. Open to all DoD ID holders; call 609.562.4888. Squadrons with at least 10 members participating will receive bonus Commander's Cup Points!

Get Out, Get Fit: Indoor Climbing

Come "Get Fit" with 87FSS Outdoor Recreation on Thursday May 19 from 5:15 to 9:45pm and give indoor climbing a go at Rockville Climbing Gym, Hamilton, NJ! Open

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As the snow starts to clear and the sun starts to shine brighter, do not forget to take advantage of the pools on base at JBMDL.

This December, the 87FSS Aquatics Program welcomed a new director, Michelle Barsi. We had the privilege of speaking with Michelle and discussing her history with aquatics and the future plans for the program.

87FSS offers one outdoor pool and two indoor pools on base located at JBMDL Dix as well as one outdoor pool at JBMDL Lakehurst. The Memorial Outdoor Pool measures 40 yards in length and an outstanding 11 feet depth for those deep divers. Also open at the outdoor pool are tables to enjoy your food and drinks while soaking up the sun. Conveniently located right next to the FSS Bowling Center at JBMDL Dix, you are just a walking distance from grabbing a quick bite at Ten Pin Cafe. If the weather is looking unpleasant but you still want to get your swimming on, you can head over to the two indoor pools offered.

The larger indoor pool measures 25 yards with 6 lanes and a depth of 12 feet. It is perfect for those who are looking to get some cardio in and burn some calories. The smaller indoor pool measures 20



Winter, spring, summer or fall, it's always time to enjoy a



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yards with 4 lanes and a depth of 5 feet. The indoor pools offer both lap swimming and recreational swimming for military, DoD, and veterans.

Want to partake in the fun of the pools but not too confident in your swimming ability? Well have no fear! As of March, the Aquatics Program brought back swimming lessons for the first time in two years. You can find the times for all of these on our website GOMDL.com and also take a look at our social media pages to catch any upcoming events at the pool. The indoor pools also offer a pool basketball hoop and two slides. The biggest slide gives you a great view of the base right before you go in. When the two pools aren't being used for recreational use or exercising, groups like the Marines, National Guard, and even the FBI use it to practice.

The duty of Aquatics Program Director holds a lot of weight, so what exactly does new director Michelle Barsi bring to the table? Barsi has a military past with her father serving in the U.S. Air Force during Vietnam. Barsi also has guite a history with aquatics as before becoming the new director, she held the previous position of the swim lesson coordinator at the YMCA. She also has previous positions of lifeguarding, lifeguard instructor, and water safety instructor. With such a deep history of aquatics, she loves getting involved in the water so there is a chance you might catch her in the pool if you visit. Barsi also does inservice training with her lifeguards once a month.

Before making a splash in the water, Barsi was making a splash in the classroom with her 25 years of teaching at Union Township, so you can bet that she cares to teach her lifeguards well. As we welcome the spring and summer weather, we also welcome new friendly faces to visit and use the services provided!



Memorial Outdoor pool JBMDL Dix waits for its annual fill and health check before the first patron splash of the season.

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POOL EXTRAS!

87FSS Aquatics Programs offers more than just swimming.

Pool Parties: Indoor Pool at JB MDL Dix or Pine Ridge Outdoor Pool at JB MDL Lakehurst can be reserved for your party! Make reservations by calling the pool. Party time is 1:00 pm – 4:00 pm during scheduled operational hours.

Swim Lessons: Available for DoD ID holders only. GoMDL.com has the latest schedules and fees.

Lifeguard Certification: Call for availability.

CONTACT

Indoor Pools:

5901 Doughboy Loop, JBMDL Dix 609.562.2808

Memorial Pool

(seasonal outdoor) 6046 Doughboy Loop, JBMDL Dix 609.562.2808

Pine Ridge Pool

(seasonal outdoor) 573 Berry Rd., JBMDL Lakehurst 732.323.2473



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to all DoD ID holders this trip includes transportation, safety equipment, and a belay lesson. Feel free to bring your own drinks and snacks. \$15 for RecOn eligible patrons; \$35 for all other DoD ID holders. Registration required by calling 609.562.6667.

Connect to Protect 5k Run/3k Walk

Commemorating Mental Health Month and open to all DoD ID holders at 87FSS Fitness & Sports McGuire Fitness Center on Thursday, 19 May. Same-day registration at 11:30am with run/walk beginning at 12pm. Call 609.754.6085.

Frequent 5k Runs/3k Walks

Just a way to get out into the day, presented by 87FSS Fitness & Sports at any one of three fitness centers at JBMDL throughout the year. 5K Runs/3K Walks occur frequently so visit us at www.gomdl.com and click the calendar section to find out where and when the next event is happening! You can also friend us at facebook. com/87fss for the latest in event details.

Paintball

87FSS Range 14 hosts pickup Paintball games throughout the season. Visit us at www.gomdl.com and click the calendar for days and times, stay on top of things by friending us on facebook.com/87fss, or call Range 14 at 609.562.4676.

Kayak the Pinelands with ODR

On Saturday May 21 meet 87FSS Outdoor Recreation at 6045 Doughboy Loop, JBMDL Dix for a Pinelands adventure in Shamong, NJ from 8:30am to 3pm. Enjoy a paddle through the Batsto River in Wharton State Forest, one of the most remote areas of NJ! Only \$35 per person for RecOn-eligible (Active Duty Military members only); \$60 for all other DoD ID holders including family members. Prices include transportation to Pinelands Adventures, kayak rental and safety equipment. Call 609.562.6667 or 609.562.2157

Memorial Day 5K Run/3K Walk

An annual event held to honor fallen service members and their families, 87FSS Fitness & Sports Griffith Fieldhouse hosts this 5K on Tuesday, 24 May with same-day registration at 11:15am, Pre-event ceremony at 11:45am with Run/Walk starting at 12pm. To pre-register, call 609.562.4888.

Get Out, Get Fit: Intro to Paddle Boarding

Paddle boarding is a great outdoor activity, and there are so many places to try it here in NJ. For an introduction to the sport join 87FSS Outdoor Recreation at the 87FSS Indoor Pool, 5901 Doughboy Loop, JBMDL Dix on Thursday May 26 from 12 to 1pm. Learn the funda-

mentals to give you the confidence to get out there and explore! Open to all DoD ID holders. Only \$6 per person. Call 609.562.6667.

The Murph Challenge

Presented by 87FSS Fitness & Sports McGuire, Griffith Fieldhouse, and Lakehurst Fitness Centers on Thursday May 26. Challenge yourself to complete "The Murph Challenge": a challenge that will push you, humble you and allow you the opportunity to dedicate a bit of pain and sweat to honor Navy SEAL, LT. Michael P. Murphy, a man who sacrificed everything he had for our freedom. This self-paced event consists of a 1-Mile Run; 100 Pullups; 200 Pushups; 300 Squats and finishes with another 1-mile run. Scaled workouts available. Participants must check in at the front desk of your preferred FSS Fitness & Sports facility prior to your workout on the day of the event.

Disco Bowling Party

Celebrate the end of the school year with a Disco Bowling Party at the FSS Bowling Center Dix, 6054 Doughboy Loop, JBMDL Dix, 1 to 6pm on Saturday June 4. Bowl and dance to disco favorites! Come dressed in your coolest Disco clothes. \$2 games and \$2 shoe rentals! Open to all DoD ID holders; call 609.562.6895.

Three Jacks & a Jill Golf Outing

Hosted by Fountain Green Golf Course on Wednesday, June 8 beginning at 11am, this 18 hole, 4-person scramble is open to all DoD ID holders. Each foursome with at least one female will get four strokes off their score! \$34 per ID card holder, \$40 for Guests and includes green fees, cart fees and prizes. Call 609.562.2166.

The Great American Family Campout

Kick off summer with 87FSS Outdoor Recreation at the Great American Family Overnight Campout, Saturday June 11. This event is a great opportunity to introduce families to the outdoor camping experience with a variety of activities for all ages including camp-cooking classes, knot making, arts & crafts, hatchet throwing, s'mores, hiking, disc golf, and more! Water and meals provided. Camping equipment rentals available. \$25 per family includes all activities and meals. Rental equipment not included, but available upon request. Call 609.562.6667 or 609.563.2157.

The "19" Team Relay

Commemorating Juneteenth, 87FSS Fitness & Sports McGuire Fitness Center, Griffith Fieldhouse & Lakehurst Fitness Center Monday June 13 through Friday June 17. This is a multi-day team relay completed any time during the week. Your team of up to three runners/walkers will complete 19 laps (combined) at either the McGuire Fitness Center or Lakehurst Fitness Center quarter-mile track. A 4.75-mile treadmill option will also be available

for those wishing to complete the challenge indoors. Call 609.754.6085, 609.562.4888 or 732.323.7266.

Flag Day Formation Run / Army Birthday

Presented by 87FSS Fitness & Sports Griffith Fieldhouse. Tuesday June 14 at 6:30am. Celebrate the birthday of the U.S. Army with this popular formation run/5K. Pre-registration begins at 6am at Infantry Park, JBMDL Dix. Call 609.562.4888. Squadrons with at least 10 members participating will receive bonus Commander's Cup Points.

Juneteenth Community Block Party

Presented by 87FSS Fitness & Sports McGuire Fitness Center and 87FSS Community Activities, Friday June 17, 3pm at the McGuire Fitness Center Beaver Fit Pavilion. This community block party celebrates the Juneteenth Holiday. Same-day sign-ups available for anyone who wants to participate in the last day of the "19" Team Relay walk/run event, or just relax and enjoy the inflatables and hatchet throwing. Event also features a 3-on-3 Basketball Tournament hosted by 87FSS Community Programs at The Firehouse, 2502 E. Arnold Ave, JBMDL McGuire beginning at 4pm. Tournament hosted using rules and regulations from the Factory of Champions rule book. Complimentary food and beverages provided. Participation focus is E1-E4, but other military and DoD civilians eligible to enter if space available.

Registration highly encouraged. E-1 to E-4 have priority registration beginning Monday, June 13. All participants must be 17 years of age or older.

Father's Day Deep Sea Fishing Trip

87FSS Outdoor Recreation charters the 90' super-cruiser Gambler on Sunday June 18 for an exciting day of fishing celebrating Fathers' Day. Bring cash gratuities for the mates and filet services and ODR provides the coolers for your catch. Personal small coolers are okay and participants must provide their own food and drinks. \$50 per person for RecOn eligible (Active Duty military members only); \$65 for all other DoD ID holders including family members. Paid in full reservations required by Saturday June 11. Catch us at facebook.com/87fss or call 609.562.6667 or 609.562.2157 for full, complete details.

NSSA Registered Skeet Shoot

87FSS Range 14 for 12 and 28 gauge shotguns, 9am to 3pm. \$46 per gun, guns and ammo not included so please bring your own! Pre-registration required by calling 732.439.6596.

Olympic Day "Kick Off Summer Extravaganza"

87FSS Youth Programs presents Youth Olympic Day. continued page 30



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Mark your calendars for the free Kick-Off Summer Extravaganza at John Mann Park, JBMDL Dix on Friday June 24, 9am to 2pm. Olympic-style Field Day games and entertainment beginning with an Opening Ceremony. Open to eligible members' ages 6-18 years-old. Call 609.754.5437 or609.562.5100.

Kids Bowl Free Buddy Bowling League

Join us for the 87FSS Bowling Center Dix hosts Kids Bowl Free Buddy Bowling League 6:30pm each Tuesday from July 5 through Tuesday August 9. Registration with the Kids Bowl Free Program required for children and adults in order to participate. Each team consists of one adult and up to four children. All teams bowl two games per week. No pre-bowl or post-bowl allowed. Child bowls first ball and adult bowls second ball of each frame. A celebration party ends the six-week program with awards for first, second, and third place teams. \$20 registration fee includes shoe rental for league. Call 609.562.6895.

Ocean Beach Party Bowling Picnic

Saturday July 9 at the 87FSS Bowling Center Dix, 6054 Doughboy Loop, JBMDL Dix from 1 to 6pm. Beach themed music while you bowl with the entire family! \$2 games and \$2 shoe rentals. Call 609.562.6895

NSSA Registered Skeet Shoot

87FSS Range 14 on Saturday July 9 from 9am to 3pm. 20 and 410 gauge shotguns, \$46 per gun. Guns and ammo not included. Pre-registration required. Call 732.439.6596.

Long Beach Island Parasailing and Beach Day

Enjoy the experience of a lifetime Saturday July 9 from 8:30am to 4pm while soaring high above New Jersey's famous Long Beach Island and its beautiful beaches. Trip hosted by 87FSS Outdoor Recreation for ages 5 and up, limited to 12 participants. All food is on your own for lunchtime on the island as well as some leisure time for walking, shopping, relaxing on the beach, and more. \$50 per person for RecOn eligible patrons; \$65 for all other DoD ID holders including family members. 609.562.6667 or 609.562.2157.

Flag Day Golf Outing

Fountain Green Golf Course, JBMDL Dix, Wednesday July 13 with registration beginning at 11am and Shotgun start at 12pm. This is a 18 hole 4-person scramble. Open to all DoD ID holders, \$34 for ID card holders and \$40 for guests. Includes green fees, cart fees and prizes. Call 609.562.2166.

The Gauntlet

Test your mettle in this annual head-to-head race com-

prising various challenges to test your strength, speed and agility. Presented by 87FSS Fitness & Sports Griffith Fieldhouse, Thursday July 14 from 11am to 1pm. Call 609.562.4888.

Sand Volleyball Tournament

Open to all DoD ID holders and presented by 87FSS Fitness & Sports Lakehurst Fitness Center on Tuesday, July 19. Games played outdoors at the All American Inn, JBM-DL Lakehurst. Pre-Registration closes July 15. To register, call 732.323.7266.

Super Hero Run

An annual family fun-fest with HERO-sized challenges on Wednesday, July 20 beginning at 12pm. Hosted by 87FSS Fitness & Sports McGuire Fitness Center, kids and parents meet at the McGuire Beaver Fit Pavilion at noon dressed as their favorite superhero or villain, ready to take on the challenge. Call 609.754.6085. Squadrons with at least 10 members participating will receive bonus Commander's Cup Points.

Teen Hot Summer Bash!

Open Recreation members ages 13-18 years old at McGuire & Dix Youth Programs invited to kicking-off their Summer Celebration on Friday July 22 with food, games, raffles and prizes at McGuire Youth Programs, 3830 E. Scott St (FCN), from 6 to 8pm. Only \$10 per person. Must have base access. Last day to register is Thursday July 15. Call 609.754.5437.

8-Ball Pool Tournament

The Firehouse, 2502 E. Arnold Ave., JBMDL McGuire at 6pm on Saturday, July 23, with doors opening at 5pm. Tournament hosted using rules and regulations from the official BCA 8-Ball Rule Book. A copy will be available at the Firehouse upon request. Complimentary food and beverages provided. Tournament participation focus is E1-E4, but open to all DoD ID holders age 17 or older. Registration highly encouraged. E-1 to E-4 have priority registration beginning Monday July 11. Call 609.754.2233 or 609.754.2830.

Deep Sea Fishing Trip

87FSSOutdoor Recreation charters the 70' Skylarker fishing boat for an exciting day of fishing on Sunday July 24. Bring cash for gratuities for the mates and filet services, ODR provides the coolers for your catch. Personal small coolers are okay and participants must provide their own food and drinks. \$50 per person for RecOn eligible (Active Duty military members only); \$65 for all other DoD ID holders age six and up and includes transportation, fishing charter, poles and bait. Trip departs 2pm, returning no later than 12am. Paid in full reservations required by Saturday July 16. Call 609.562.6667 or 609.562.2157.

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Outpatient Center Locations

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LBI Surfing, Paddle Boarding and Beach Day

Surf's up at Long Beach Island (LBI)! Spend the morning of Saturday July 30 from 7am to 5pm taking surfing or paddle boarding lessons followed by free time on the beach or exploring the local beach community. \$50 per person for RecOn eligible patrons; \$65 for all other DoD ID cardholders age eight and up, limited to 12 participants. Fee includes transportation, lesson gear, beach instruction including water safety tips, and of course plenty of time in the water. All food is on your own with leisure time for lunch. Call 609.562.6667 or 609.562.2157.

Poseidon Challenge

Presented by 87FSS Fitness & Sports Griffith Fieldhouse Monday August 1 through Monday August 15. Log laps in the FSS Memorial outdoor or FSS indoor pools adjacent to Griffith Fieldhouse and see if you can meet the Poseidon Challenge. 609.562.4888.

Cornhole Tournament

87FSS Fitness & Sports Lakehurst hosts this favorite event on Tuesday August 2 with pre-registration closing July 28. Open to all DoD ID holders. Call 732.323.7266

Hot Zumba Nights

Our annual evening Zumba Party of fun and fitness! Presented by 87FSS Fitness & Sports Griffith Fieldhouse, 87FSS Outdoor Recreation (ODR) for a fitting for a bike Friday August 5 at 5:15pm. Event held outdoors weather permitting - participants must bring their own towel and water bottle. 609.562.4888.

InBody and Wellness Screenings

Cardiac risk profile, body composition analysis and blood pressure screenings hosted by 87FSS Fitness & Sports Lakehurst in partnership with Civilian Health Promotion Services on Tuesday August 9 at Lakehurst Fitness Center, bldg. 123. Open to DoD ID civilians and active duty members only. Call 732.323.7266.

Luau Golf Outing

Break out your favorite Hawaiian shirts for this favorite Fountain Green Golf Course outing, Wednesday August 10. Registration begins 11am with Shotgun start at 12pm. This is a 18 hole 4-person scramble. Teams with all players wearing Hawaiian shirts get four strokes off their final score! \$34.00 for ID card holders; \$40 for guests and includes green fees, cart fees and prizes. Call 609.562.2166.

Intro to Kettlebells

Presented by 87FSS Fitness and Sports Lakehurst Fitness Center on Wednesday 10 August at 11:30am at 87FSS Fitness Center Lakehurst, bldg. 123. Come learn about Kettlebells and their movements in this 45- minute class. Learn how versatile this one piece of equipment is to help improve coordination and balance, incorporate explosive movements into your routine with little to no impact and help build strength and mobility for the entire body, going over movements for a full body workout! Call 732.323.7266.

Intro to Mountain Biking at Laurel Pond

Explore the local trails of Laurel Pond at JBMDL Dix, biking with friends and family in the fresh outdoor air on Saturday August 13 from 10am to 12pm! Register with and learn basic techniques and safety tips, familiarizing you with the trails. Meet at ODR at 10am and pedal to the pond together. Call 609.562.6667.

Back to School Bingo and Movie Matinee

87FSS Flight Deck Community Center, bldg. 484, Lansdowne Road, JBMDL Lakehurst on Saturday August 13. Doors open at 1:30pm; first game starts at 2pm. Guests may purchase four game boards at \$5 each per-per-



son. Open to all ages of DoD ID holders. Price includes game boards, light refreshments and beverages, prizes including back to school supplies, backpacks, games, binders, and much more! The hit movie "Jungle Cruise" presented in the theater for those not wishing to play bingo. Seating is limited; registration is encouraged. Call swing and release. \$25 per person. Call 732.323.2027. 732.323.2405 or 732.323.2024.

Bowling Marathon

Test your bowling endurance and stamina while having fun on Friday August 19 beginning at 6:30pm at 87FSS Bowling Center Dix, 6054 Doughboy Loop, JBMDL Dix. All participants bowl a whopping 24 games throughout the evening. Top three bowlers with the highest number of pins bowled receive awards: \$200 for 1st place, \$100 for 2nd place, \$75 for 3rd place. All bowlers receive a t-shirt! \$10 per bowler includes shoe rental, if needed. Open to all DoD ID holders age 10 years and up. Children under 18 require an adult in attendance. Pre-registration required by Thursday August 11. Call 609.562.6895.

Club Golf Championship

87FSS Pine Ridge Golf Course, August 27 and August 28. Check in by 7:30am; Shotgun start at 8am. Individual stroke play, the tournament is a two-day event with 18 holes played on Saturday and 18 holes on Sunday, flights to be determined. Entry fee is \$50 for AGF, \$70 all others per player. Cost includes cart, prizes and lunch on Sunday. Call 732.323.7483.

Deep Sea Fishing Trip

87FSS Outdoor Recreation (ODR) charters the 70' Skylarker fishing boat on Saturday August 27 for an exciting day of fishing in the Atlantic. Bring cash gratuities for the mates and filet services and ODR provides the coolers for your catch. Personal small coolers are okay, participants must provide their own food and drinks. Trip departs ODR, bldg. 6045, Doughboy Loop, JBMDL Dix, at 5:15am and returns no later than 5pm. Paid in full reservations required by Saturday August 20. \$50 per person for RecOn eligible (Active Duty military members only); \$65 for all other DoD ID Card holders age six and up. Includes round trip transportation, fishing charter, poles and all bait. 609.562.6667 or 609.562.2157.

Shiver Me Timbers Bowling

"Shiver me timbers, I lost My Key!" Help open the Treasure at 87FSS Bowling Center Dix, bldg. 6054 Doughboy Loop, JBMDL Dix, on Saturday August 27 from 1 to 9pm. Bowl Red Pin Bowling: If the Red Pin shows up on the 10 pin, let the desk know! If you bowl a strike then you get a key to attempt to open our treasure chest full of prizes. Open to all DoD ID holders; call 609.562.6895.

Peewee Club Bowling Program

1pm Saturdays from September 3 through May 27, 2023

at 87FSS Bowling Center Lakehurst, bldg. 489 Saniuk Rd., JBMDL Lakehurst. The Peewee Club is a self-paced "learn to bowl program" for children ages 3-15. That includes basic bowling fundamentals such as lane courtesy, selecting the correct bowling ball, stance, approach, arm

Freedom Tower Ascent Challenge

Take on the 1,776-foot self-paced stair climb that challenges your mental and physical fitness at either 87FSS Fitness & Sports McGuire Fitness Center, Griffith Fieldhouse or Lakehurst Fitness Center, Thursday September 1 through Friday September 30. Must check-in at the front desk to receive credit for your climb. Call 609.754.6085, 609.562.4888 or 732.323.7266.

9/11 Remembrance Run

Presented by 87FSS Fitness & Sports Griffith Fieldhouse Thursday, September 8. This annual 5K run/3K walk honors the lives lost on 9/11. Race-day registration begins at 11:30am; Remembrance Day Tribute at 11:45am; Run/ Walk starts at 12 noon. Join us as we remember the anniversary of 9/11, remembering not only the 3,000 Americans who did not return home to their families,

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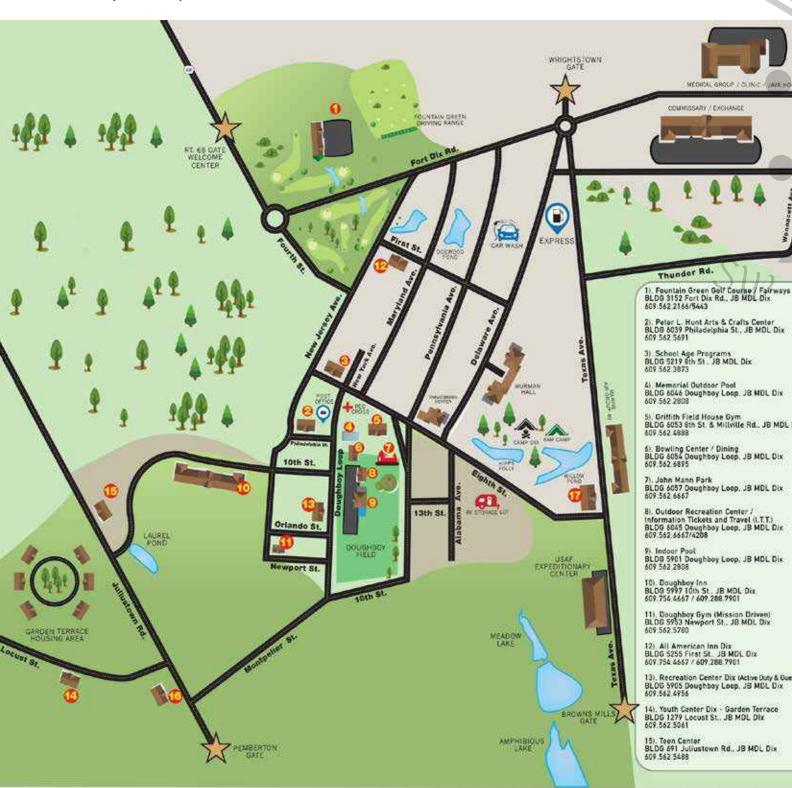
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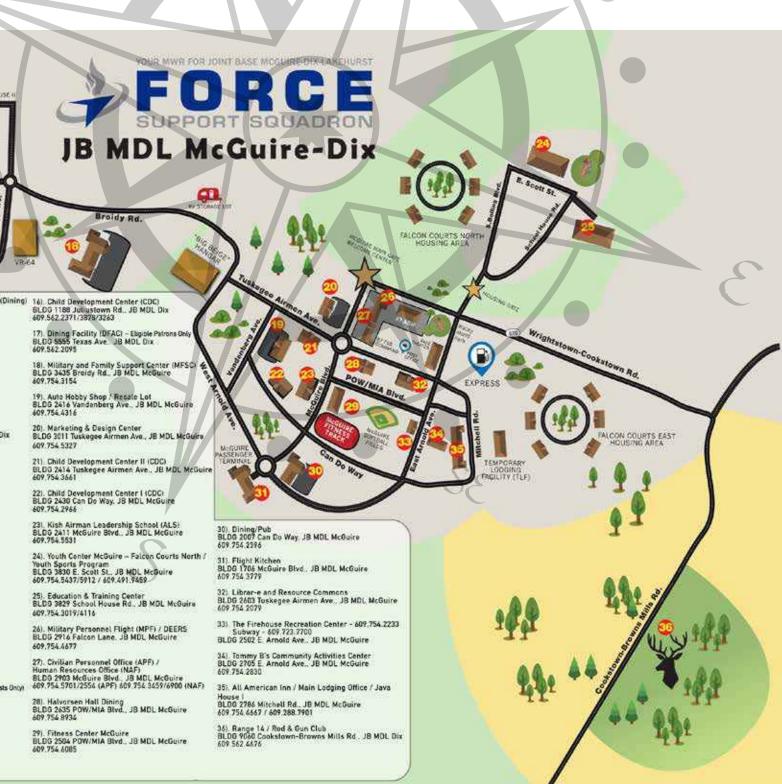
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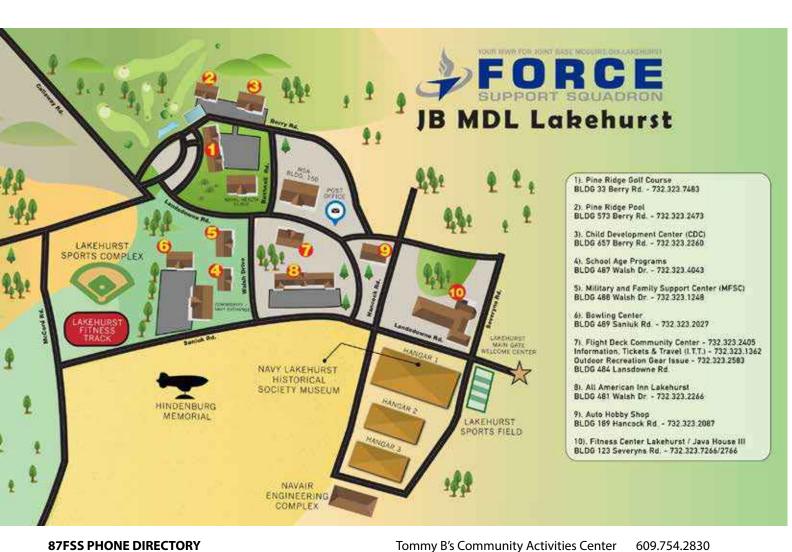
Find your way around JB MDL!







Next page for JB MDL Lakehurst Map



8/F33	PHONE	DIRECTORY	

		Extender Eatery (Flight Kitchen)	609.754.3779
Airman Leadership School (ALS)	609.754.5531	Fairways	609.562.2044
Arts & Crafts Center (Peter L. Hunt)	609.562.5691	Halvorsen Hall Dining Facility	609.754.8934
Sales Store	609.562.5691	Java House I	609.723.2211
Ceramics, & Pottery Studio	609.562.5771	Java House II	N/A
Frame Shop	609.562.2542	Java House III	732.323.4402
Auto Hobby Shops		Pudgy's Sports Pub	609.754.2396
Lakehurst	732.323.2087		609.754.3620
McGuire	609.754.4316	To-Go Order	609.724.0443
Bowling Centers		Subway	609.723.7700
Dix	609.562.6895	Ten Pin Snack Bar	609.562.6895
Lakehurst	732.323.2027	Education & Training Center	609.754.3019
Career Assistance Advisor (Air Force)	609.754.3949		609.754.4116
Car Wash (Run by Auto Hobby Shop)	609.754.4316	Family Child Care Programs (FCC)	609.754.3661
Child Development Centers		First Term Airman Center (FTAC)	609.754.5544
Dix	609.562.2371	Fitness Centers	
	609.562.3878	Doughboy Gym (Mission Driven)	609.562.5780
	609.562.3263	Griffith Field House	609.562.4888
Lakehurst	732.323.2260	Lakehurst	732.323.7266
McGuire CDC I	609.754.2966		732.323.2766
McGuire CDC II	609.754.3661	McGuire	609.754.6085
Civilian Personnel Office (APF)	609.754.5701	Golf Courses	
	609.754.2554	Fountain Green	609.562.5443
Community Centers			609.562.2166
Flight Deck	732.323.2405	Pine Ridge	732.323.7483
Cyber Lounge	732.323.7415	The Hair Port	609.754.4348

Human Resources Office (NAF)	609.754.3459	Pine Ridge Pool	732.323.2473
	609.754.6900	Range 14 / Rod & Gun Club	609.562.4676
ITT Offices		Recreation Centers / Recreation Park	
Dix	609.562.4208	Dix	609.562.4956
	609.562.6667	The Firehouse	609.754.2233
Lakehurst	732.323.1362	John F. Mann Jr. Park	609.562.6667
	732.323.4565	School Age Programs (SAP)	
Librar-e and Resource Commons	609.754.2079	Dix	609.562.3873
Lodging		Lakehurst	732.323.4043
All American Inn Lakehurst	732.323.2266	McGuire	609.754.5914
All American Inn McGuire/Dix	609.754.4667	School Liaison Offices	
TLF	609.288.7901	Dix	609.562.5411
Combined Bachelor Quarter	732.323.2266	McGuire (EFMP One-Stop Office)	609.754.9656
Doughboy Inn Dix	609.754.4667	Warehouse (NAF)	609.562.2771
	609.288.7901	Youth Programs	
	609.562.3188	Dix (Garden Terrace Housing)	609.562.5061
Manpower & Organization Flight	609.754.5415	McGuire (Falcon Courts No.)	609.754.5437
Marketing Office	609.754.5327	Youth Sports & Fitness	609.754.5912
Commercial Sponsorship	609.754.2456		609.491.9459
Design Center	609.754.5327		
Military & Family Support Centers (MFSC)			
Lakehurst	732.323.1248	The entire 87th Force Support Squadron pho	ne listing, complete
McGuire	609.754.3154	with addresses, is available for download at:	
Military Personnel Flight	609.754.4677		
Outdoor Recreation Programs (ODR)			
Dix	609.562.6667		
	609.562.4208		

732.323.2583

609.562.2808

609.562.2808

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Lakehurst

Indoor Pool Dix

Memorial Outdoor Pool

Pools

but also members of our Armed Forces who have given their lives defending our country--Never Forget. Call 609.562.4888.

NSSA Registered State Championship Skeet Shoot

87FSS Range 14 from Friday September 9 through Sunday September 11, 9am to 3pm. 4 gun with doubles. Cost is \$47 per gun. Guns and ammo not included. Fountain Green Golf Course, JBMDL Dix, Saturday Sep-Pre-registration required. Call 732.439.6596.

Football Day Golf Outing

Dig out your favorite team Jersey, give it a wash from last season's celebrations, and wear it proudly for Fountain Green Golf Course's 18 hole 4-person scramble, Wednesday September 14. Registration begins 11am; Shotgun start at 12pm. Teams with all players wearing football shirts get four strokes off their final score! \$34 for ID card holders; \$40 for guests and includes green fees, cart fees and prizes. Call 609.562.2166.

Kayak the Pinelands with 87FSS Outdoor Recreation

Paddle through the Batsto River in Wharton State Forest, one of the most remote areas of NJ, on Saturday September 17. \$35 per person for RecOn eligible (Active

Duty military members only); \$60 all other DoD ID holders including family members. Price includes transportation to Pinelands Adventures, kayak rental and safety equipment. Depart 87FSS Outdoor Recreation at 8:30am, returning by 3pm. Call 609.562.6667 or 609.562.2157.

Club Golf Championship

tember 17 and Sunday September 18. Registration begins at 7am, Shotgun start at 7:30am. This is a 36hole stroke play event. \$50 for DoD ID holders; \$70 for guests. Price includes green fees, cart fees and prizes. Call 609.562.2166.

Pull Up Contest

An all-day competition at 87FSS Fitness & Sports Lakehurst Fitness Center, Tuesday September 20. Pre-registration reserves a time slot, walk-ins welcome. Test your muscular endurance completing as many pull-ups (overhand grip) as possible with good form (no kipping) in one minute. Open to all DoD ID holders; call 732.323.7266.



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Air Force Birthday 5K Run / 3K Walk

Celebrate the occasion on Wednesday September 21 at 87FSS Fitness & Sports McGuire Fitness Center. Runners and walkers McGuire Beaver Fit Pavilion at 11:30am for run/walk-day registration. Event begins promptly at noon. Call 609.754.6085. Squadrons with at least 10 members participating will receive bonus Commander's Cup Points.

Amazing Race

Presented by 87FSS Fitness and Sports Lakehurst Fitness Center on Thursday 22 September. Same-day registration 11:30am; race starts 11:45am. The Amazing Race is an exciting fast-paced event requiring teamwork to overcome obstacles as they race around JBMDL Lakehurst. Teams obtain clues to advance at each checkpoint. The first team to complete all checkpoints and make it to the end is the winner. Prizes for top three teams awarded. Open to all DoD ID holders. Call 732.323.7266.

Octoberfest

Celebrate a favorite German tradition with live music, food and beer, Tommy B's Community Center, bldg. 2705 E. Arnold Ave., JBMDL McGuire from 5 to 8pm. Fun for the entire family with authentic German music and food available for purchase. 87FSS Outdoor Recreation also be onsite with inflatables, hatchet throwing, and more! Call 609.754.2830.

Ryder Cup Golf Tournament

Pine Ridge Golf Course, JBMDL Lakehurst, Saturday September 24. Check in by 7:30am; Shotgun start at 8am. Format: 2-person teams, 18 holes with a different format for each six holes: Scramble, Best Ball, Alternate Shot. First Six: Scramble; Second six: Best Ball; Third Six: Alternate Shot. Entry fee is \$40 for AGF and \$55 all others per player. Price includes golf with cart, prizes and lunch. Call 732.323.7483.

Boot Camp

Participants led in a high Intensity Interval Training class inspired by military boot camp on Wednesday September 28 at 87FSS Fitness and Sports Lakehurst Fitness Center, bldg. 123, JBMDL Lakehurst, beginning at 11:30am. This 45-minute workout is bodyweight calisthenics to get the heart pumping through strength, cardio and endurance movements. Call 732.323.7266.

Make plans now for an exciting season at JBMDL from your 87FSS. Remember, as with all event programming, subject to change without notice. Stay up to date at face-book.com/87fss or bookmark and visit www.gomdl.com frequently!





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